

# Bystander training

Bystander training teaches people how to safely recognise and respond when they witness inappropriate, harmful, or discriminatory behaviour.

We want to empower individuals to intervene confidently and support others, helping to prevent harm and promote a more respectful community.



**Recognise  
harmful  
behaviour**



**Offer  
support**



**Report  
incidents**

Sessions will be taking place across Southampton.

For more information or to sign up, please visit [southampton.gov.uk/bystander](https://southampton.gov.uk/bystander)

Scan the QR code to sign up to one of our sessions.

